

Course Syllabus

Current Topics: School Health

Spring 2005 Dakota Digital Network (DDN) series sponsored by
Coordinated School Health Programs - Departments of Education and Health,
Avera McKennan Hospital and University Health Center and Avera Telehealth Network

Instructor of Record

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Course Description:

Current school health topics facing our schools and communities today will be included in this eight session series available via the Dakota Digital Network throughout South Dakota. This series will benefit teachers, administrators, counselors, school nurses, food service personnel, parents and other community members. The DDN broadcast will run from 4:20-6:30 pm CST (3:20-5:30 pm MST).

Course Dates, Topics, and Speakers:

- ☐ **Feb. 28 SD Health Education Standards/Physical Education Standards**
 - Leann Vette, Physical Education/Health Teacher, CSHP Trainer, Spearfish
 - Rhonda Kemmis, Physical Education/Health Teacher, CSHP Trainer, Sioux Falls
- ☐ **March 7 Healthy South Dakota Schools: Promoting Healthy Weight**
 - Linda Ahrendt, BA, MED, Nutrition and Physical Activity Coordinator, South Dakota Department of Health
 - Larissa Skjonsberg, Cardiovascular Health Coordinator, South Dakota Department of Health
- ☐ **March 14 Diabetes in Your School: Students, Teachers and Your Family**
 - Karla Abbott, RN, BSN, Case Manager, Avera McKennan Health and Disease Management
- ☐ **March 21 School Health - A Guide to Self-Assessment and Policy Implementation**
 - Kari Senger, Director, CSHP, South Dakota Department of Education
 - Jane Hanson, RN, Director CSHP, South Dakota Department of Health
- ☐ **April 4 STD's and South Dakota Youth**
 - April Hodges, HIV/AIDS Coordinator, South Dakota Department of Education

- ☐ **April 11 Mental Health Issues – Responding to Kids in Crisis**
-Dr. Jodi Owen-Sabatino, Psy.D., Licensed Psychologist/Clinical Director, Capital Area Counseling Service, Inc.
- ☐ **April 18 Meth 101**
-Darcy Jensen, CCDCIII, CPN, Director, Prairie View Prevention Services
- ☐ **April 25 Why is ‘Indoor Air Quality’ important to our children?**
-Leah Lutheran, Local School Board Member, Rapid City

Course Objectives:

- ☐ Identify and analyze current school health issues for South Dakota youth and school staff.
- ☐ Explain how teachers, administrators, counselors, nurses, food service personnel, parents, and community members can collaborate to improve school health.
- ☐ Identify resources and action steps to effectively address school health issues.

Course Handouts and Resources:

Handouts and suggested resources for each course session will be available online approximately 7-10 days prior to each session. Participants are required to download and print handouts prior to each session, and bring them to the class site. Handouts and resources are available on the Coordinated School Health Program website DDN link at

<http://www.state.sd.us/DECA/cscf/schoolhealth/DDNseries/index.htm>

Course Requirements for Credit:

- ☐ Graduate and undergraduate credit (1) has been approved from Augustana College (\$50 fee).
- ☐ Teacher renewal credit (1) has been approved from the Department of Education (no fee).

Participants are strongly encouraged to attend *all eight sessions* otherwise credit status will be affected. Sessions are also open to individuals interested in attending selected topics only (not for credit).

Graduate Credit Expectations: A written assignment, in addition to attendance at all sessions, will be required for Graduate Credit. The written assignment will consist of 8 reaction articles correlating to each of the eight sessions, due at the end of the course. The written assignment requirement and template is described under the Course/Credit Requirements document at

<http://www.state.sd.us/DECA/cscf/schoolhealth/DDNseries/index.htm>

Undergraduate Credit Expectations:

Attend all sessions.

DOE Teacher Renewal Credit Expectations:

Attend all sessions.

Attendance Expectations:

Please refer to the Course/Credit Requirements Document referenced above.

Makeup Assignment Expectations:

Please refer to the Course/Credit Requirements Document referenced above.

Grading Expectations:

Please refer to the Course/Credit Requirements Document referenced above.

END

Updated 2/18/05